

WHAT IS CLAIMED IS :

1. An herbal extract having anti-viral activity prepared by extracting
comminuted fruit of *Fructus Ligustri Lucidi* (privet fruit) ,
Rhizoma *Polygonati* (sealwort) , *Herba Agrimoniae* (agrimonia) ,
5 Radix *Rehmanniae Glutinosae Conquिताe* (steamed glutinous
rehmannia) or the mixture thereof, with at least one low polarity
solvent.
2. The herbal extract according to claims 1, wherein a pre-extraction
step may be performed before said extraction step by using any
10 solvents selecting from a group consisting of methanol and ethanol as
necessary.
3. The herbal extract according to claims 1, wherein a purification step
is included after said extraction step.
4. The herbal extracts according to claims 3, wherein said purification
15 step is performed by using silica gel.
5. The herbal extracts according to claims 4, wherein said purification
step is performed with dichloromethane/ethyl acetate as the elution
solution.
6. The herbal extract according to claims 1, wherein said low polarity
20 solvents include solvents with the dielectric constant less than 10.
7. The herbal extract according to claims 6, wherein said low polarity
solvents include ethyl acetate, dichloromethane, chloroform, carbon
tetrachloride, cyclohexane, normal hexane, normal butyl alcohol, or
benzene.
- 25 8. The herbal extract according to claims 1, wherein said viruses are
enteroviruses.
9. A method to produce herbal extracts having anti-viral activity from
comminuted fruit of *Fructus Ligustri Lucidi* (privet fruit) ,

Rhizoma Polygonati (sealwort) , Herba Agrimoniae (agrimonia) ,
Radix Rehmanniae Glutinosae Conquिताe (steamed glutinous
rehmannia) or the mixture thereof, with at least one low polarity
solvent.

- 5 10. The method according to claims 9, wherein a pre-extraction step may
 be performed before said extraction step by using any solvents
 ranging from methanol to ethanol as necessary.
11. The method according to claims 9, wherein said a purification step is
 included after said extraction step.
- 10 12. The method according to claims 11, wherein said purification step is
 performed by using silica gel.
13. The method according to claims 12, wherein said purification step is
 performed with dichloromethane/ethyl acetate as the elution solution.
14. The method according to claims 9, wherein said low polarity solvents
15 include solvents with the dielectric constant less than 10.
15. The method according to claims 14, wherein said low polarity
 solvents include ethyl acetate, dichloromethane, chloroform, carbon
 tetrachloride, cyclohexane, normal hexane, normal butyl alcohol, or
 benzene.
- 20 16. The method according to claims 9, wherein said viruses are
 enteroviruses.
17. A method to antagonize virus *in vitro* by having said viruses exposed
 to substances extracted from herbal medicines according to claims 1.
18. The method according to claims 17, wherein said viruses are
25 enteroviruses.